

WILD HERB WEEKEND 2024 SCHEDULE

July 26-28, 2024

Friday	ORCHARD HALL (Commercial)	JOHNSON HALL I (Lower)	JOHNSON HALL II (Upper)	APPLE BARN
4:00 pm - 6:00 pm	<p align="center">REGISTRATION at the INN (No registration prior to 4:00pm) During your break, enjoy some time on the porch, and visit sponsor and vendor tables. Set up Altar</p>			
6:00 pm - 7:00 pm	<p align="center">DINNER in the ANNEX</p>			
7:30 pm - 9:30 pm	<p align="center">OPENING CEREMONY with <i>Cindi Quay</i></p>			

Saturday	ORCHARD HALL (Commercial)	JOHNSON HALL I (Lower)	JOHNSON HALL II (Upper)	APPLE BARN
7:00 am - 7:50 am	<p align="center">YOGA in JOHNSON HALL (Lower) <i>Stephanie Smith</i></p>			
8:00 am - 8:45 am	<p align="center">BREAKFAST in the ANNEX</p>			

Saturday	ORCHARD HALL (Commercial)	JOHNSON HALL I (Lower)	JOHNSON HALL II (Upper)	APPLE BARN
First Session				
9:00 am - 10:15 am	Starting an Herbal Products Business <i>Abenaa Moore</i>	Preserving Your Harvest- Magic of Syrups, Finishing Salts, and Infusing Honey <i>Lori Collins Jenkins</i>	Growing Sacred Herbs for Home Ritual <i>Mary Ellen Lough</i>	African American Agricultural Traditions <i>Marc Williams</i>
	Plant Walk: Robin Suggs (woodland walk)			
10:30 am - 12:00 pm	KEYNOTE: Robin Rose Bennett <i>Embodying Joy through Reconnecting with the Earth</i> Please join us after the keynote for our annual NCHA Business Meeting			
12:00 pm - 12:45 pm	LUNCH in the ANNEX During your break, enjoy some time on the porch, and visit sponsor and vendor tables.			
1:00 pm - 1:45 pm	Gullah Geechee Methods to Tie Dye with Indigo with <i>Abenaa Moore</i>		Sunflower: A Mexican Ray of Healing Foot Soak with <i>Mimi Hernandez</i>	
Second Session				
2:00 pm - 3:15 pm	Growing Ginseng <i>Jim Hamilton</i>	Crafting with Herbs <i>Lori Collins Jenkins</i>	Learning Plants through Connection <i>Abby Artemisia</i>	Introduction to the Endocannabinoid System <i>Sam Taylor</i>
	Plant Walk: Marc Williams, Woody Ethnobotany Walk			

Saturday	ORCHARD HALL (Commercial)	JOHNSON HALL I (Lower)	JOHNSON HALL II (Upper)	APPLE BARN
Third Session				
3:45 pm - 5:00 pm	Forest Farming-What is It and Why is Everyone Talking About it? <i>Jeanine Davis</i>	Flower Essences: The Heart and soul of plant spirit therapies <i>Renee Prince</i>	History and Current Practices of Gullah Geechee Culture <i>Abenaa Moore</i>	Herbal First Aid <i>Jeannie Dunn</i>
	Plant Walk: Robin Rose Bennett			
6:00 pm - 7:00 pm	DINNER in ANNEX			
7:00 pm - 8:00 pm	APPLE BARN: MOCKTAILS and MUSIC Entertainment: Possum Gravy Boys			
8:30 pm - 9:15 pm	YOGA in JOHNSON HALL (Lower) <i>Stephanie Smith</i>			

Sunday	ORCHARD HALL (Commercial)	JOHNSON HALL I (Lower)	JOHNSON HALL II (Upper)	APPLE BARN
7:00 am - 7:45 am	YOGA in JOHNSON HALL (Lower) <i>Stephanie Smith</i>			
8:00 am - 8:45 am	BREAKFAST at the ANNEX			
Fourth Session				
9:00 am - 10:15 am	Labels and Packaging <i>Lori Collins Jenkins</i>	Human Connection with Plants <i>Doug Elliott</i>	Overview of Medicinal Aromatic and Flavor Compounds <i>Sam Taylor</i>	Botanical Hammer Prints <i>Jeanine Davis</i>
	Plant Walk: Cindi Quay: A Native American Perspective			
Fifth Session				
10:30 am - 11:45 am	Principles of Post-Harvest Handling <i>Robin Suggs</i>	<i>Todd Elliot</i>	Listening to Your Gut <i>Henna Wallace</i>	Challenges and Opportunities with Exotic Invasive Plants <i>Marc Williams</i>
	Plant Walk: Abby Artemisia, Wild Herbs of Appalachia			
12:00 pm - 12:45 pm	LUNCH in the ANNEX Enjoy some time on the porch, and visit sponsor and vendor tables.			
We wish you a fond farewell and look forward to seeing you in 2025!				